

In Memoriam



Sally Sedberry Helms, age 93, died on Thursday, September 16, 2021 at Glenn A. Kiser Hospice House. She was born in Cooleemee on May 14, 1928 to the late Charlie H. Sedberry and Vallie Hutchins Sedberry. The family moved to Salisbury when she was 4 months old and she loved living in Salisbury the remaining years of her life.

She graduated from Boyden High School with the class of 1945. After graduation she worked for the downtown J. C. Penney Store where she met her husband, J. P. Helms. Following their marriage on June 9, 1946, she became a saleswoman for Sterchi Furniture Company until 1950 when their first child was born. She remained a homemaker until 1975 when their last daughter went to college. She then began working at the Salisbury Post in the Mail Room when inserts became a new addition for the newspaper. She enjoyed the camaraderie with co-workers for many years and made lasting friendships.

She was an active member of First United Methodist Church, United Methodist Women, Methodist Connection, and a member of the Daisy Hedrick Sunday School Class for over 50 years. She was a long-time volunteer for Rowan Regional Hospital and Novant Healthcare working in the gift shop, hospitality shop, and delivering flowers to patients. She was a member of the hospital auxiliary. She was dedicated to working with Meals on Wheels and helping members of the community. She always carried a fondness for her birthplace and contributed to the Cooleemee Historical Society for many years.

She was an avid walker, loved to play bridge, and was well known for her delicious cakes. Lots of time was spent every summer picking and canning vegetables from the large garden J.P. planted each year. Many friends and neighbors received produce on a weekly basis.

She was predeceased by her husband of 68 years, J. P. Helms, on February 3, 2015 and daughter, Libby Helms Hoffmire, on August 27, 2017. She is survived by two daughters, Vicki Helms Butler and husband Charles of Hiawassee, Georgia; Pam Helms Clark and husband Word of Winston-Salem; granddaughter, Amanda Clark Hillenbrand and husband Ty of Greensboro; brother, Charles (Tommy) Sedberry of Raleigh and numerous nieces and nephews.

The family would like to give a very special thank you to Melissa and Steve Butler, Gordon Hurley, Betty Bunker, Pat Weddington, the Tannehill family, and Reverend Mark Conforti for their love and support. Heartfelt gratitude is extended to Melinda, the wonderful medical staff, and the amazing therapists at Stanback Rehabilitation Unit. The caring nurses and nursing assistants in the surgical unit of Tower A2A at Novant Health Rowan Medical Center are greatly appreciated.

In lieu of flowers, memorials may be made to:
[First United Methodist Church](#), 217 S. Church St., Salisbury, NC 28144,
—and—
Hurley Park Foundation, PO Box 4354, Salisbury, NC 28144.



FIRST UNITED
METHODIST CHURCH
Salisbury, North Carolina

217 South Church Street, Salisbury, NC 28144-4972
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OUR MISSION:

To make and nurture Christian disciples
through the presence and power of God.

A SERVICE *of* WORSHIP
in WITNESS *to* THE
RESURRECTION *of*
Sally Sedberry
Helms

14 MAY 1928 — 16 SEPTEMBER 2021



FIRST UNITED
METHODIST CHURCH
Salisbury, North Carolina

— THE WORSHIP *of* ALMIGHTY GOD —

Tuesday, 21 September, *Anno Domini* 2021

Three o'clock in the afternoon | The Sanctuary

✦ denotes the People stand, in body or in spirit, as able. The People's responses are printed in bold.

Please silence all devices.



— ENTRANCE —

PRELUDE MUSIC

John Stafford

SILENT PRAYER *of* PREPARATION *for* WORSHIP

ALMIGHTY and Everlasting God, who by the glorious resurrection of Your Son, Jesus Christ, destroyed death, and brought life and immortality to light: Grant that Your servant, Sally, being raised with Him, may know the strength of His Presence, and rejoice in His eternal glory. Grant this we pray, through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. *Amen.*

✦ GATHERING

The Reverend Dr. Mark Conforti, *Senior Pastor*

✦ PROCESSIONAL HYMN: NO. 110 (*sung by all*)

EIN' FESTE BURG

A Mighty Fortress Is Our God

THE WORD *of* GRACE

GREETING

✦ OPENING HYMN: NO. 328 (*sung by all*)

WOLFE

Surely the Presence of the Lord

PRAYER

The Reverend Dr. Don Haynes

— PROCLAMATION *and* RESPONSE —

FIRST LESSON

Isaiah 57.1-2

¹The righteous perish,
and no one takes it to heart;
the devout are taken away,
while no one understands.
For the righteous are taken away from calamity,
²and they enter into peace;
those who walk uprightly
will rest on their couches.

PSALMODY (*responsively, by half-verse*)

A Psalm of David.

Psalm 23 (KJV)

¹The LORD *is* my shepherd;

I shall not want.

²He maketh me to lie down in green pastures:

He leadeth me beside the still waters.

³He restoreth my soul:

He leadeth me in the paths of righteousness for His Name's sake.

⁴Yea, though I walk through the valley of the shadow of death,

I will fear no evil; for Thou *art* with me;

Thy rod and Thy staff they comfort me.

⁵Thou preparest a table before me in the presence of mine enemies:

Thou anointest my head with oil; my cup runneth over.

⁶Surely goodness and mercy shall follow me all the days of my life:

and I will dwell in the house of the LORD forever.

✦ GOSPEL LESSON John 14, *selected verses* (NRSV Pew Bible: NT, pp. 108–09)

...This is the Word of God for the people of God.

Thanks be to God!

SERMON

SONG *of* RESPONSE: NO. 400 (*sung by all*)

Come, Thou Fount of Every Blessing

NETTLETON

— COMMENDATION —

PRAYERS *of* COMMENDATION *and* THANKSGIVING

concluding with THE LORD'S PRAYER (*in unison*)

from Matthew 6.9b-13

OUR Father, who art in heaven,
hallowed be Thy Name;

Thy kingdom come,

Thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For Thine is the kingdom, and the power, and the glory,

forever. Amen.

✦ RECESSIONAL HYMN: NO. 117 (*sung by all*)

ST. ANNE

O God, Our Help in Ages Past [with congregational "A-MEN" after final stanza]

✦ BENEDECTION *and* DEPARTURE *into* THE MISSION FIELD

You may bow your head and extend your arms to receive the blessing.

A service of committal and internment will follow at:
Memorial Park Cemetery, 1310 W. Innes Street, Salisbury, NC.

WHAT WE BELIEVE

At the heart of the Christian faith is God's victory over death. Through the life, death, and resurrection of Jesus Christ, we are given the gift of life eternal. As Jesus' followers, we are convinced that we share in this victory over the grave. We affirm that at death, the Christian believer lives in the presence of God in an eternal home. Nothing, not even death, can separate us from the love of God in Jesus Christ. So, death is not the end; but rather, this is the new beginning of a fuller existence that will be completed in the resurrection of the body. This hope is based, not on our works or merit, but exclusively upon God's grace. The large white candle – the Paschal candle – is lit symbolizing Christ's victory over death, for Sally's sake, and for all of us who gather today.

The All Saints' Banner features a peacock, an ancient symbol of the resurrection. As the feathers are shed, they regrow more glorious than before! The peacock is depicted rising above earthly sorrows (purple) to joy (pink). The rays of light at the top of the banner represent God's grace and love extending down to welcome the faithful.

Those in need of grief counseling may contact Garry Cook, our Counseling Center Pastoral Counselor, by phone at: 704.375.5354, x. 405, or by email at: gcook@scgnc.org.

For more information, please visit: www.fumcsalisbury.org/counseling-center.